

# What is U3A?

The University of the Third Age is an international volunteer co-operative organisation devoted to healthy and productive ageing which provides learning activities to members.

The word **University** is only used in the original sense to describe a community sharing knowledge. Anyone can join as there are no pre-requisites nor any degrees given.

**Third Age** refers to active retirees or semi-retired persons who want to continue learning in an informal environment and share in social activities

## Take a bit, give a bit

A time to share with the local community your lifetime skills and knowledge, by tutoring or leading a class or adding value as a member.

## We are one, we are many

While operating in-dependently, each member U3A is supported by the U3A Network Victoria which provides organisational and planning support as well as being a focus for broader relationships with affiliates, partners and Government on behalf of member U3As Victoria has more than 100 U3As We are Number 101

## Why not join us now?

Fees \$30 per single per annum or  
\$50 per double per annum  
Affiliate members \$5

## U3A Wallan & District Office Located at:

Wallan Neighbourhood  
House  
42 Bentinck Street  
Wallan Vic 3756



Office Hours  
Monday: 10 am – 12 noon  
Friday: 10 am – 12 noon

Telephone  
President: 0400 944 430

Email  
[u3awallan@gmail.com](mailto:u3awallan@gmail.com)

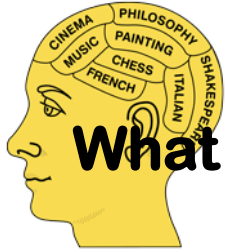
Web site  
[www.u3awallan.org.au](http://www.u3awallan.org.au)



Friendly classes  
Morning Teas with Guests  
Form New Friendships  
Social outings

Courses & Activities  
For people who are  
Retired or semi- retired

***The Third Age  
is the Fun Age!***



## What is On Offer?

Very much depends on volunteers' and resources within each U3A. Also you could share an interest or skill to become a tutor!

Wallan and District U3A is a growing group  
We are very much enjoying meeting new people and sharing our skills, talents and life experiences

### What about Social Events?

We have show's lined up months ahead  
Excursions are a regular event

Morning Tea and talks are a favourite activity as is the...

### Luncheon Club

Where we choose a new place to lunch and enjoy each other's company

## Courses on offer at Wallan and District

**U3A**

Write for Life – writing your life story  
Genealogy – Tracing your ancestors

Beginners, Basic Computer and training in Microsoft Office products

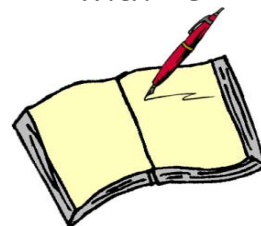
Photography

Card making classes

Monthly Fun Cooking Classes



If you would like to start a group or new activity, please feel free to discuss this interest with us



## Health

We offer Pilates, A walking group and Strength Training

## Brain Food

We have a viable book club and French conversation classes in Basic and Fluent French

## Fun

Mahjong and also Social Dancing are held weekly on Tuesdays



Please contact us in person at our office or via the web site [u3awallan.org.au](http://u3awallan.org.au)

