

A monthly newsletter brought to you by U3A Wallan and District

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JULY 2018



What's Happening in July



Class Schedule Changes



Review of Red Hat Ladies Talk



Upcoming Shows

What's Happening in May



Mon 2nd - 1pm **U3A Wallan & District and Meeting**

Fri 13th - 10am Morning Tea & Talk "**Friends of the ABC**"

Fri 20th - 10am—12md Fun Cooking—Kofta with middle eastern salad.

Fri 27th - **Luncheon** venue Rattlers Hotel—opposite Wallan train station. Car pool Neighbourhood house 11.40am

Mon 6th August 1pm **U3A Wallan & District and Meeting**

Classes Update



Photography Please note the time on the class schedule is incorrect. classes are at 10.30am on the 2nd and 4th Wednesday of the month. These classes are for all types of cameras from phone to DSLR and in between.

Fun Cooking This month's offering is for Kofta and Middle Eastern Salad

Review of Kilmore Red Hat Ladies Talk



On the 8th June our guest speaker was Jan Childs from "The Red Hat Ladies" Kilmore.

Jan was very entertaining, dressed for the occasion in red and purple and accessorised with red spectacles.

Jan brought here photo album showing some of the outings she has been on over the years, very amusing.

Upcoming Shows

U3A have the following shows on their matinee list.

Wednesday September 19th 1pm **Mamma Mia** — Cost \$72 Payment due 25th July



Expressions of Interest for SCHOOL OF ROCK in October, please contact Leslie

Tickets are now available for **GUITA** for 2 dates— Cost \$72

January 3rd 1pm Matinee Or January 30th 1pm Matinee

Luncheon Event



Last month MacNamaras was again the venue for the monthly lunch. Last time members dined there we had positive feedback however, this time the overall consensus was disappointing. The lamb rissoles were actually hamburger patties, the sides were not as presented on the menu, the deserts while generous seem to be from a packaged desert found in supermarkets. Overall a less than memorable experience for members.



Fantastic event at Café Vento with lots of tasty options on the menu. Great turn out with 18 members catching up for a chat over lunch. A big welcome to our newest members who attended the lunch event, Mabel Shippides and Mrs Yasa.

Next event at Rattlers Hotel after several member recommendations.

Please text the coordinator (0419 578 714) a week before if you will be attending any social event so she can book accurate numbers with the venue.

Review of Seminar Attended - Healthy U3A Groups

Moreland U3A held a seminar for tutors on the 24th May attended by 41 U3A members including Wendy Bennett and Sharon Hayes from Wallan. The days activities and information was focused on tutoring skills.

The morning session presented by Jan Lansdowne an education psychologist focused on learning styles, managing groups, lesson structure and applying learning theory for seniors. The afternoon session was "Mud Maps for Creating Healthy U3A groups" with Alex Leonhardt. This session provided overhead graphics of the theory on structuring lessons but used story telling to emphasise the key information. His presentation catered for all learning styles.

The overall day was focused around current tutors and how to encourage and support new first time tutors with presenting classes. Overall the day was productive with attendees asking for input of handling various situations. Both tutors and other attendees provided useful insights and strategies for all questions that were asked.

Under The Sea Display

Caledonia Nursing Home Kilmore held an under the sea themed afternoon tea to display all the art works donated to them for the May Project 2018.

The Wallan & District U3A craft group contributors are:

Artistic Director: Marie Elliot

Contributing Members: Sue Lincoln, Carole Wright, Lesley Carter, Marleen Westwood, Lucy Williams, Wendy Bennett, Bev McCormack.

The afternoon tea for residents and guests provided a variety of sweet and savoury treats with a guitar player who provided entertainment with 1960's music which some of our members sang along to.

Photos of the displays can be found on the web page.